

# December 2022



## Parenting Tips

December 1

Involve children as much as possible in making family rules and decisions. Children are less likely to break rules that they helped establish.

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## Parenting Tips

December 2

The following information may be helpful to your child's teacher; Family structure, health problems, family problems or concerns, amount of TV viewing, interests of child and morning routine.

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## Parenting Tips

December 3

Parenting takes time and energy. Parents need support from family, friends and the community to help meet their children's needs and their own without becoming worn out.

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## Parenting Tips

December 4

As your child matures and you begin to feel a bit obsolete, it helps to remember that your child is reaching the ultimate goal of childhood: to become an independent individual.

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## Parenting Tips

December 5

In order to set a good foundation to learn, children need good health, unhurried attention, responsive care-giving with a safe and supportive environment.

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## Parenting Tips

December 6

When your child says "Watch me," take time to watch him/her. Afterwards say, "Great job!"

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## Parenting Tips

December 7

Remember that you set an example for your child. If you watch a lot of TV, chances are your child will also.

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## Parenting Tips

December 8

While teaching your child manners, keep it in perspective. Your child will make mistakes. Maintain your sense of humor, just remind them there is a polite way to do something.

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## Parenting Tips

December 9

Have a family meeting to discuss rules. Let all members of the family help write the household rules. If a child has contributed to the process, he/she will be more likely to stick with it.

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## Parenting Tips

December 10

If you keep calm when things go wrong, your child will learn to stay calm when things go wrong. Your children learn by imitating.

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## Parenting Tips

December 11

If your children take lunch to school, place a happy note inside their bag or box. Give them a nice thought to get them through the rest of the day.

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## Parenting Tips

December 12

Establish practical rules for visits between step-families and/or grandparents. Parents and children should know what to expect on holidays, special occasions and regular visits.

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## Parenting Tips

December 13

On days your child has no homework, set aside that time for him or her to read for pleasure.

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## Parenting Tips

December 14

When taking a family vacation, bring along the addresses of your children's friends. Bring postcard stamps and pick up picture postcards from different places that you visit. Encourage your children to write short notes about your activities.

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## Parenting Tips

December 15

While taking a walk with your child, stop and watch the activity on an ant hill. Discuss their actions. If your child asks a question and you do not know the answer, look it up together at home or in the library.

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## Parenting Tips

December 16

Be aware that the teen years mark a point where children begin to examine family values. Conflict may be strong.

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## Parenting Tips

December 17

Sometimes children want to show us their love when we are busy or angry with events from the day. It is important to let them show their love for us when they want to.

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## Parenting Tips

December 18

A loving atmosphere in your home is very important. Do everything that you can to help create tranquil, harmonious home.

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## Parenting Tips

December 19

Stepparents need to establish their own relationship with stepchildren, rather than try to take the place of the absent parent. Try to maintain a congenial relationship with you stepchildren's absent parent.

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## Parenting Tips

December 20

Avoid constant criticism and nagging. Offer positive, constructive suggestions instead.

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## Parenting Tips

December 21

Hold your child's hand every chance you get. The time will come all too soon when he or she will be too "grown up" to be seen holding your hand.

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## Parenting Tips

December 22

Help children notice things that are alike and sort them out of mixed groups. Let children help sort laundry by putting socks in one pile, pants or shirts in another, then regroup by family members.

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## Parenting Tips

December 23

You are your child's first and most important teacher. Your child needs your support and guidance with family activities and with school activities.

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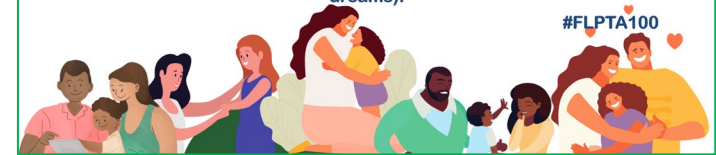


## Parenting Tips

December 24

Be sure to talk with your child about sex well before the onset of puberty. Many sex educators recommend telling children no later than age 10 about menstruation and nocturnal emissions (wet dreams).

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## Parenting Tips

December 25

Set aside a regular time for reading at home. Read to your child until they are old enough to read to you.

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## Parenting Tips

December 26

School bus operators are concerned with the safety of every student and share with parents the concern for the adjustment of students entering school for the first time.

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## Parenting Tips

December 27

Be sure not to use TV to reward your child. Do not use the TV as a baby-sitter. Your toddler will gain more if you will watch together and explain what he/she is seeing.

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## Parenting Tips

December 28

Children whose development is neglected early in life are more likely to pose costly health and behavior problems later.

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## Parenting Tips

December 29

Fastening your seat belts should be as automatic as turning on the ignition. Require all family members, friends and car-poolers who ride with you to also fasten their seat belt.

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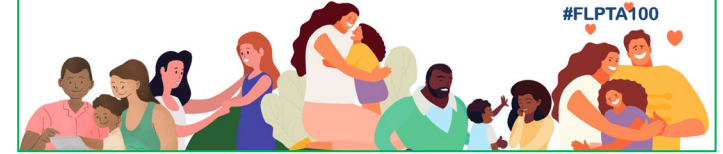


## Parenting Tips

December 30

Do you have a tendency to interrupt family members when they are speaking? Do you really listen to each other or do you just take turns talking?

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## Parenting Tips

December 31

Be a good role model. Let your children know that you feel good about yourself. If they see that you can make mistakes and improve yourself because of them, they will be able to accept their own mistakes and use them as learning experiences.

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