Parenting Tips

November 1
If you will be gone when it is time for your children to go to bed, try some pillow correspondence. Write a note and leave it on your child’s pillow for him, her or the sitter to read at bedtime.

#FLPTA100

November 2
Ask each of your children to list five people they would most like to meet. This will tell you a lot about their priorities. It could open a conversation about role models.

#FLPTA100

November 3
Try to avoid the statement, “My child would never do that.”

#FLPTA100

November 4
Setting firm, reasonable limits with your children helps them believe that their surroundings are dependable and they are secure.

#FLPTA100

November 5
Teach your children the steps in good decision making. 1) Consider a range of choices. 2) Examine the consequences of each choice. 3) Be alert to poor reasons for choosing alternatives.

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November 6
Tell your children, “I love you,” often. Besides seeing your love in actions, they need to hear you say these words.

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November 7
Find an appropriate outlet for your frustration and stress from parenting. Read a magazine, talk to a friend or go for a walk, just be sure not to lash out at your children.

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November 8
Provide a variety of reading material: magazines, newspapers and books. Let your children see you reading these also.

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November 9
School bus operators are concerned with the safety of every student and share with parents the concern for the adjustment of students entering school for the first time.

#FLPTA100
November 10

Parenting Tips

School bus operators are responsible for establishing assigned seats on the bus. Requests for bus stop changes are turned into Transportation Department within the first two weeks of the school year.

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November 11

Parenting Tips

Start a once-a-month phone call with your child’s teacher. Do not wait for the teacher to call when your child is having trouble. Five to ten minutes each month will make a difference.

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November 12

Parenting Tips

Any child who is old enough to love, is old enough to grieve when he/she loses someone he/she loves. Try to answer your child’s questions about death.

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November 13

Parenting Tips

When your child gets “stuck” on a problem, do not just provide a solution. Instead, suggest trying again or using another strategy to find the answer.

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November 14

Parenting Tips

If you do not understand the developmental stages of your child, insist that your pediatrician explain normal stages that you should expect to see.

#FLPTA100

November 15

Parenting Tips

Remember that you set an example for your child. If you watch a lot of TV, chances are your child will also.

#FLPTA100

November 16

Parenting Tips

Children want to be helpful. We must look for opportunities for them to feel useful and helpful. “You can help me by . . .”

#FLPTA100

November 17

Parenting Tips

When you take your children to the library or bookstore, while they look for their books, look for books and magazines with information and advice on raising children.

#FLPTA100

November 18

Parenting Tips

Read to your child at least 20 minutes every day. As they are able, have your child read to you at least 10 minutes every day.

#FLPTA100
**Parenting Tips**

**November 19**
Encourage creativity in your children. Explore through crayons, paints and clay. Sing songs together, and listen to music on records, tapes or the radio.

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**November 20**
Talk to your children about ethnic heritage. Tell them how you observed holidays as a child. Discuss your family customs and how your background influences the foods that are prepared in your home.

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**November 21**
It is important for you to learn accurate information about AIDS. Teach your children how they can and can’t get AIDS.

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**November 22**
Congratulations on all areas, not just in school or sports. Praise your child’s ability to make friends, express feelings, do chores, help others, etc.

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**November 23**
Use the letters in your child’s name to make a colorful poster. Have each letter begin a positive phrase describing your child.

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**November 24**
When you have an opportunity to give children toys, look first for toys that are powered by their imagination, not by batteries.

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**November 25**
If you find yourself in a verbal confrontation with your children, lower your voice and stay calm. Keeping control of yourself will help you handle the situation more rationally.

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**November 26**
Children need to learn the ability to give and receive unconditional love. Love your children for who they are regardless of what they achieve or how they perform.

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**November 27**
Being a parent can be very stressful. You can set a good example by finding healthy ways of relieving your own stress, such as, regular exercise, talking with other parents in similar situations and spending time taking care of your self.
November 28
It usually takes practice to become comfortable talking to your children about sex. Rehearse what you will say with your partner or a good friend.

Parenting Tips

November 29
Connect math learning to the real world. Talk to your children about using math when you follow a recipe, go to the bank, travel a long distance, watch a sporting event, leave a tip or buy clothes on sale.

Parenting Tips

November 30
Review your child’s homework together and help your child prepare for the next school day. Show your child how to break up large tasks into smaller ones. Be careful no to “DO” their work.