Program Ideas

ASSEMBLY IDEAS/EXAMPLES

SuperHero- Omegaman https://omegamanschools.com/


Magic Show Jim Jordan MOTIVATIONAL YOUTH SPEAKER with a touch of magic. https://school-bullying-program.com/

Juggling & Comedy Show- Jason Tardy high-energy juggling and comedy while giving them the tools to make a positive difference in any bullying situation. https://jasontardy.com/school-shows/

Music Show- Jared Campbell focuses on overcoming obstacles, anti-bullying, respect, leadership and having an amazing outlook on life. http://jaredcampbell.com/about/

BMX Show- Dialed Action Sports provides an educational and fun school assembly https://dialedactionsportsteam.com/anti-bullying-programs/ (FLORIDA BASED)

Theatre Show- 40-60 minute bullying prevention play with a review with the actors. https://taproottheatre.org/touring/school/#schooltouring

Virtual Workshop- “Hey Dude, Nice Shoes” This workshop consists of up to two versions of the student presentation to be presented virtually during one school day and one parent presentation to be presented virtually that evening. Student presentations are pre-recorded, and parent presentations can be live via a video conferencing app of your choice or prerecorded.

Read Aloud- Librarian led read aloud about kindness (FREE)

PTA LED Programs

- Celebrate Unity Day October 19th, 2022
  - Create a unity wall with handprints (Elementary)
  - Colorful post it notes on lockers with positive words (MS & HS)
  - World map with pins from all families in community (ALL)
- Movie Night - (Kindness Movie) with Popcorn and Chili Cook-off
- What is kindness bulletin board presentation (Elementary)
- Bathroom Stall Positive Messages
- Silicone Bracelet
- Lawn Signs
- Webinars for students about self-talk/mental health
- Parent Trainings through outside orgs ex: https://www.fdlrs.org/about/recorded-webinars
• Little library with books about kindness, making friends, etc. (Elementary)
• Invite school guidance counselors to present during General Meetings and other high engagement events.
• Add a Mental Health Section to newsletter: mental health info about coping, positive stories, community resources, etc
• Start a “Thankful Thursday” or “Wellness Wednesday” Post on Social Media
• Create a Wellness Committee (Mental Health, Physical Wellness, and Safety)
• Model appropriate behaviours -Everyone, Everywhere, All the time.

Resources
Helping Children and Adolescents Cope With Traumatic Events
   NIMH » Helping Children and Adolescents Cope With Traumatic Events (nih.gov)

Health Hotlines
• 988 Suicide & Crisis Lifeline: The Lifeline provides 24-hour, confidential support to anyone in suicidal crisis or emotional distress. Call or text 988 to connect with a trained crisis counselor. Support is also available via live chat. Para ayuda en español, llame al 988.
• Disaster Distress Hotline: People affected by any disaster or tragedy can call this helpline, sponsored by the Substance Abuse and Mental Health Services Administration, to receive immediate counseling. Call or text 1-800-985-5990 to connect with a trained professional from the closest crisis counseling center within the network.
• Crisis Text Line: Text HELLO to 741741 for free and confidential support 24 hours a day throughout the U.S.
• TXT 4 HELP: Created by National Safe Place, this nationwide, 24-hour text service provides support for teens in crisis.