**Parenting Tips**

In honor of Florida PTA’s upcoming 100th Anniversary, we will be sharing 365 Parenting Tips taken from an heirloom Florida PTA calendar. While some tips may be a little anticipated, they are still useful. Check in daily with your thoughts and comments as we help one another to be better parents and caregivers for ALL children, with one voice.

Save the date: FL PTA Centennial Celebration * April 15, 2023

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**April 14**

The following information may be useful to your child’s teacher: Family structure, health problems, family problems or concerns, amount of TV viewing, interests of child and morning routine.

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**April 15**

Be consistent in enforcing rules. Stick to a consequence that has been established for a broken rule. Discuss the need for rules to change as children grow older.

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**April 16**

Value your child’s uniqueness. Talk about the characteristics that make you who you are and the ones that make your child one of a kind.

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**April 17**

Remember that children need loving the most when they least deserve it.

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**April 18**

Respect is something learned best by example. If you want respect from your child, always show them respect. Do not embarrass them in public or in front of their friends.

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**April 19**

Teach your children that trying hard and doing their best is more important than winning or succeeding at a task. Losing or not succeeding can be a learning experience and a challenge.

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**April 20**

Be aware of how you treat all the children in the family. Do you show favoritism? This could make a child feel rejected, unloved or jealous. Being fair and consistent will pay off.

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**April 21**

Teach your child that they are responsible for their own actions. Start this simply and at an early age by letting them clean up their own spilled milk.

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April 2022

Parenting Tips
April 22
Don't wait for your teen to bring up the subject of AIDS. Be sure that they understand that a single sexual contact with an infected person can be enough to give a person the AIDS virus.

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Parenting Tips
April 23
If you have more than one child, spend time with each child alone. It does not matter what you do, as long as it helps build a bond between you. Create your own special activity for just the two of you.

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Parenting Tips
April 24
When you find it hard to get your adolescent to open up and talk to you, try doing something together such as, fold clothes, put away dishes, go shopping, work on the car, etc. While working, they may relax enough to talk about problems or concerns.

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Parenting Tips
April 25
When you find it hard to communicate with your teenage, try writing a letter describing your feelings in detail without being judgmental. If you are upset, be sure to cool down first.

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Parenting Tips
April 26
Use your driving time to interact with your children. Use this time to practice multiplication tables, spelling words or study for tests. Make use of every minute you have together.

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Parenting Tips
April 27
When saying good-night to your child, spend a few minutes talking about the good things that happened today. Also, discuss special events or plans for tomorrow.

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Parenting Tips
April 28
Be alert to signs of drug or alcohol abuse. Do not ignore extreme mood swings, personality changes and strained communication. Adolescent drug or alcohol abuse can happen in any home.

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Parenting Tips
April 29
Observing routine mealtime, bedtime and study time should help your child adapt to the routines that occur in the classroom.

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Parenting Tips
April 30
Examples of math are located throughout the newspaper. Look for examples of time, comparisons, large measures, coding, statistics and ratings.

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